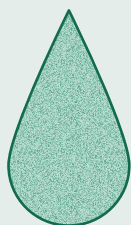# REDUCING YOUR CARBON FOOTPRINT

Carbon emissions are the highest they've ever been and your lifestyle is a contributor. Here is how to fix that!

USE LOW FLOW APPLIANCES

Low flow appliances drastically reduce energy waste and save you money. And no, you don't have to sacrifice your water pressure!

BUY LOCAL

Next time you go shopping, try to buy locally sourced products. This reduces emissions by shortening travel distances for items.

TAKE LESS FLIGHTS

A single international flight can account for more carbon emission than one person produces in a year! Try to fly less by taking one less round-trip vacation every year.

EAT LESS RED MEAT

Producing red meat uses lots of water, land, and feed and is extremely energy intensive. Beef gives off more than 6 lbs of CO_2 per serving! Eating further down the food chain reduces your footprint.

GET SOME COOL LED BULBS

Lights are on for about 5 hours/day. Replace incandescent lightbulbs with LEDs to save up to 75% of energy.

USE A LAPTOP, NOT A DESKTOP

Since desktops are constantly running, laptops use far less energy. Just try not to check your email every 5 minutes so you conserve battery!

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